



Scan for menu nutritional info and calories.

LA JUICERIA™
SUPERFOODS

Greatness starts within.

Every meal is a choice. Our commitment is simple, to make you healthier.

Order direct, we deliver. 03-92129750 / info@lajuiceria.com

CORPORATE

WEDDING

BIRTHDAY

CATERING

SUPER POKE BOWL



TERIYAKI CHICKEN GRAIN BOWL



MB01 mini
RM 15.90

PB01 regular
RM 23.90

ALTERNATE PROTEIN AVAILABLE



OVERNIGHT OATS



OV03 HEART-VOCADO

1 oat RM18.90 2 oats ~~RM37.80~~ **SAVE RM3.80** RM34

avocado, wheatgrass powder, butterfly pea, rolled oats, green grapes, chia seeds, low fat probiotic yogurt, fresh milk, honey, red bean popping pearls, Hawaiian coconut flakes

HEART HEALTH
REDUCE FATIGUE
WEIGHT LOSS

OV01 OATSOME CHOCO

1 oat RM18.90 2 oats ~~RM37.80~~ **SAVE RM3.80** RM34

European's finest chocolatier, rolled oats, banana, cashew nuts, chia seeds, low fat probiotic yogurt, fresh milk, honey, chocolate drizzle, chocolate rice puff, oats popping pearls, Hawaiian coconut flakes

ELEVATE MOOD
GUT HEALTH
BOOST ENERGY

OV02 IMMUNITY SUNRISE

1 oat RM18.90 2 oats ~~RM37.80~~ **SAVE RM3.80** RM34

red dragon fruit, mango, wheat grass powder, rolled oats, chia seeds, low fat probiotic yogurt, fresh milk, honey, red bean popping pearls, Hawaiian coconut flakes

ANTI-AGE EFFECT
BOOST IMMUNITY
CHOLESTEROL CONTROL

OV04 BERRY GLOW

1 oat RM18.90 2 oats ~~RM37.80~~ **SAVE RM3.80** RM34

acai berries, strawberries, rolled oats, red dragon fruit, lychee, chia seeds, low fat probiotic yogurt, fresh milk, honey, acai berry rice puff, oats popping pearls, Hawaiian coconut flakes

SKIN HEALTH
ANTI-OXIDANT
HAIR HEALTH

Free UPGRADE TURMERIC RICE TO BROWN RICE

TERIYAKI

All Teriyaki bowls are served with calrose Japanese turmeric rice, quinoa, poached egg, roasted veggies, tobiko fish roe, togarashi chili sprinkle, seaweed, takuan pickled radish, white sesame seed, spring onions, teriyaki sauce



PB02 TERIYAKI TOFU POKÉ BOWL
RM 21.90



TERIYAKI AUSTRALIAN BEEF POKÉ BOWL
MB02 mini RM 18.90 **PB03** regular RM 26.90



PB04 TOKYO BOWL
combo of teriyaki chicken & tofu
RM 25.90



PB05 MUSHROOM ASADA POKÉ BOWL
RM 24.90



PB06 TORCHED SALMON POKÉ BOWL
RM 25.90



PB14 TERIYAKI SHRIMP POKÉ BOWL
RM 25.90

NEW

MENTAIKO

All Mentaiko bowls are served with fresh avocado, calrose Japanese turmeric rice, mentai mayo, edamame, tobiko fish roe, togarashi chili sprinkle, seaweed, takuan pickled radish, white sesame seed



PB07 SALMON AVOCADO MENTAICO POKÉ BOWL
RM 34.90



TAMAGOYAKI AVOCADO MENTAICO POKÉ BOWL
MB04B mini RM 18.90 **PB04B** regular RM 27.90
no avocado include

WARM SUPERBOWL



WS01 FRIED RICE QUINOA
RM 22.90

quinoa, sauteed mushrooms, egg, cabbage, carrot, Japanese cucumber, romaine lettuce, mixed salad, fried shallot, spring onion, garlic, coriander, red chili



SUPER NASI LEMAK BOWL

MB03 mini
RM 15.90

WS02 regular
RM 23.90

ALTERNATE PROTEIN AVAILABLE

fried lemongrass chicken, fried tofu, calrose Japanese turmeric rice, quinoa, hard-boiled egg, ikan bilis, peanut, tomato, Japanese cucumber, coconut oil, served with keto sambal



WS10 THAI SPICY RICE BOWL
RM 18.90

ALTERNATE PROTEIN AVAILABLE

fried lemongrass chicken, red cabbage, calrose Japanese turmeric rice, sweet potatoes, pickle beetroot, pineapple, Japanese cucumber, carrot, served with Thai spicy dressing



WS08B MULTIGRAIN TERIYAKI CHICKEN BOWL
RM 19.90

ALTERNATE PROTEIN AVAILABLE

teriyaki chicken, brown rice, quinoa, sweet corn, edamame, coriander served with teriyaki sauce



WS09 MULTIGRAIN TORCHED SALMON BOWL
RM 25.90

torched salmon, brown rice, quinoa, sweet corn, edamame, coriander served with teriyaki sauce

WRAP & SOUP



WR03 BBQ CHICKEN AVOCADO WRAP
RM 26.90

ALTERNATE PROTEIN AVAILABLE

grilled chicken breast with bbq sauce, fresh avocado, Japanese cucumber, tomato, romaine lettuce, tortilla wrap



WR01 NASI LEMAK WRAP
RM 27.90

fried lemongrass chicken thigh, hard-boiled egg, ikan bilis, quinoa, tomatoes, Japanese cucumber, peanuts, romaine lettuce, sambal mayo dressing, virgin coconut oil served with keto sambal, tortilla wrap



BREAKFAST WRAP

WR08 regular
RM 15.90

WR08D double protein
RM 24.90

ALTERNATE PROTEIN AVAILABLE

grilled chicken breast, tamagoyaki, tomatoes, romaine lettuce, tortilla wrap with mayo dressing



WR05 CAESAR WRAP
RM 24.90

grilled chicken breast, hard-boiled egg, roasted sweet potatoes, romaine lettuce, cherry tomatoes, croutons, tortilla wrap, parmesan cheese with caesar dressing



WR06 PESTO TOFU WRAP
RM 22.90

pesto sauce made from fresh herbs & pine nuts, pesto tofu, hard-boiled egg, roasted sweet potatoes, red cabbage, romaine lettuce, cherry tomatoes, parmesan cheese, tortilla wrap



SO01 TRUFFLE MUSHROOM SOUP
RM 16.90

truffle, white button mushroom, shiitake, almond flakes, served with baguette

COLD SOBA



FS04 COLD SOBA TERIYAKI CHICKEN
RM 24.90

ALTERNATE PROTEIN AVAILABLE

teriyaki chicken, cha soba noodle, kale, sweet corn, poached egg, tobiko fish roe, seaweed, springs onions, togarashi chili sprinkle, served with shoyu sesame dressing



FS05 COLD SOBA TORCHED SALMON
RM 30.90

torched salmon, cha soba noodle, kale, sweet corn, poached egg, tobiko fish roe, seaweed, springs onions, togarashi chili sprinkle, served with shoyu sesame dressing

SIGNATURE SALAD



NEW

SN08 THAI SPICY SALAD
RM 22.90
ALTERNATE PROTEIN AVAILABLE

fried lemongrass chicken, red cabbage, sweet potatoes, pickle beetroot, pineapple, japanese cucumber, carrot, mixed salad leaves with Thai spicy dressing



KALE QUINOA CHICKEN SALAD
MB07 mini RM 15.90
SN01 regular RM 24.90
ALTERNATE PROTEIN AVAILABLE

grilled chicken breast, kale, quinoa, sweet corn, carrot, cherry tomatoes, Japanese cucumber, white sesame seed, lime wedge with roasted sesame dressing



NEW

SN07 AVOCADO FRUIT SALAD
RM 21.90

avocado, black olive, pineapple, mango, raisin, pickle beetroot, cheery tomatoes, mixed salad leaves with homemade plum sauce



CAESAR SALAD
MB06 mini RM 15.90
SN03 regular RM 24.90
ALTERNATE PROTEIN AVAILABLE

grilled chicken breast, hard boiled egg, romaine lettuce, roasted sweet potatoes, cherry tomatoes, croutons, lime wedge, Parmesan cheese with caesar dressing



KALE MUSHROOM ASADA SALAD
MB08 mini RM 15.90
SN05 regular RM 24.90

tempeh, mushroom asada, kale, Japanese cucumber, red cabbage, roasted cauliflower with turmeric, roasted sweet potatoes, white sesame seed, lime wedge with sesame soy dressing



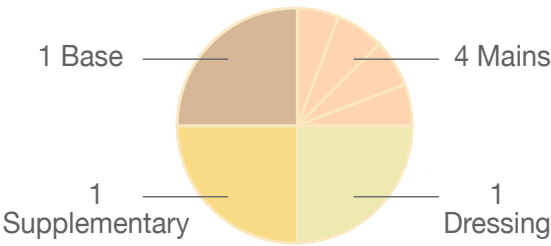
SN04 LEAN & GREEN
RM 24.90
ALTERNATE PROTEIN AVAILABLE

grilled chicken breast, hard boiled egg, kale, steamed broccoli, roasted veggies, lime wedge

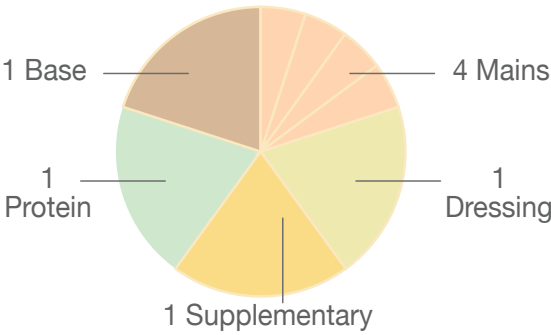
BUILD-YOUR-OWN SALAD

ASK SERVER FOR ORDERING MENU

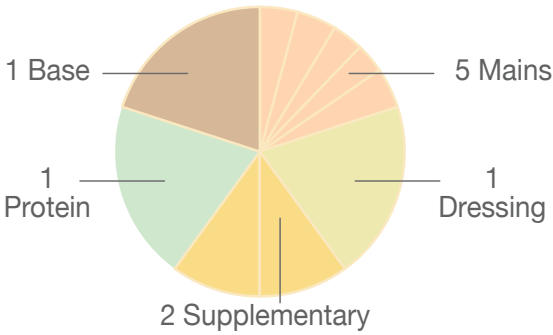
PETITE SALAD
RM 19.90 ++



MEDIUM SALAD
RM 25.90 ++



GRAND SALAD
RM 29.90 ++



SNACKS



GV01 MARINATED TAIWANESE GUAVA
RM 10.00

fresh guava with homemade dried tangerine peel, sour plum powder



ALTERNATE PROTEIN

RM 0.00

MIXED HERBS CHICKEN BREAST
NYONYA LAKSA CHICKEN BREAST
PESTO CHICKEN BREAST
FRIED LEMONGRASS CHICKEN THIGH
TERIYAKI CHICKEN THIGH
TERIYAKI GRILLED TOFU
MUSHROOM ASADA

+RM 1.00

GRILLED SHRIMP

+RM 3.00

AUSTRALIAN BEEF SLICED

ADD ON

ADD81	MIXED HERBS CHICKEN BREAST	RM 9.90
ADD85	NYONYA LAKSA CHICKEN BREAST	RM 9.90
ADD84	PESTO CHICKEN BREAST	RM 9.90
ADD82	FRIED LEMONGRASS CHICKEN THIGH	RM 9.90
ADD83	TERIYAKI CHICKEN THIGH	RM 9.90
ADD05	TERIYAKI GRILLED TOFU	RM 5.90
ADD29	AUSTRALIAN BEEF SLICED	RM 12.90
ADD46	TORCHED SALMON	RM 12.90
ADD50	TORCHED SALMON MENTAICO	RM 15.00
ADD86	GRILLED SHRIMP	RM 10.90
ADD34	HALF AVOCADO	RM 9.00
ADD47	MUSHROOM ASADA	RM 9.90
ADD49	TAMAGOYAKI MENTAICO	RM 9.00
ADD42	TEMPEH	RM 3.50
ADD06	TOFU	RM 3.50
ADD31	TOBIKO FISH ROE	RM 3.50
ADD10	ROASTED SEASONAL VEGGIES	RM 3.50
ADD00	UPGRADE RICE TO QUINOA	RM 2.00
ADD000	UPGRADE RICE TO SALAD	RM 2.00
DR10	KETO SAMBAL	RM 2.50
DR08	TERIYAKI SAUCE	RM 2.50

COLD-PRESSED JUICE



JU01 LOVE W
RM 13.99
watermelon, beetroot, carrot, apple, pineapple



JU04 GOODNESS GREENS
RM 13.99
kale, celery, Japanese cucumber, parsley, lemon, guava, pineapple



JU07 COLD-PRESSED FRUIT TEA
RM 13.99
passion fruit, pineapple, apple, mint, honey, tea



POWERSHOTS



PS02 GOLD GLOW
1 BOTTLE RM 8.00

ANTI-AGING



(10 bottles per box)

1 BOX ~~SAVE RM5~~ ~~RM80~~ RM75
2 BOX ~~SAVE RM20~~ ~~RM160~~ RM140
3 BOX ~~SAVE RM45~~ ~~RM240~~ RM195



PS01 VITAL SHOT
1 BOTTLE RM 8.00

BOOST IMMUNITY



(10 bottles per box)

1 BOX ~~SAVE RM5~~ ~~RM80~~ RM75
2 BOX ~~SAVE RM20~~ ~~RM160~~ RM140
3 BOX ~~SAVE RM45~~ ~~RM240~~ RM195



BETTER THAN WATER



WT04 MATCHA H2O
RM 9.90

NEW



WT02 CHLOROPHYLL WATER
RM 5.00

ICED FRUIT TEA



TE09 ICED STRAWBERRY FRUIT TEA
RM 7.90

NEW



TE11 ICED PINEAPPLE FRUIT TEA
RM 7.90

NEW



TE07 ICED PASSION FRUIT TEA
RM 7.90

NEW



TE10 ICED MANGO FRUIT TEA
RM 7.90

NEW

COFFEE & TEA



WT05 COLD-BREW COFFEE
RM 9.90

NEW

WT05H HOT BLACK COFFEE RM 9.90

TE01 HOT GINGER GREEN TEA RM 12.00

TE03 HOT GINGER LEMONGRASS TEA RM 12.00

TE02 HOT GREEN TEA SENCHA RM 8.00

TE04 HOT LEMONGRASS TEA RM 8.00

WT03 MINERAL WATER RM 3.90

FRESHNESS GUARANTEED

Unhappy with your meal? We'll make it right, email info@lajuiceria.com

Some products may contain nuts or traces of nuts, please let us know of any allergies at your time of order. All images shown are for illustration purposes only. All prices are inclusive of any government service tax & subject to 10% service charge. Straws, napkins, plastic bags, take-away containers & cutlery provided upon request. Please take what you really need, save the earth. Collect your bottles. Recycle & get rewarded. Every weekend at all outlets. T&C's apply.

BUILD-YOUR-OWN SALAD

☐ Dine-In (Table No: ____)

☐ Take Away

▼ SALAD SIZE

☐ Petite RM19.90 • 1 base, 4 mains, 1 supplementary, 1 dressing

☐ Medium RM25.90 • 1 base, 1 protein, 4 mains, 1 supplementary, 1 dressing

☐ Grand RM29.90 • 1 base, 1 protein, 5 mains, 2 supplementary, 1 dressing

▼ SALAD BASE • additional add on +RM 4.00

☐ Brown Rice ☐ Cha Soba Noodles +RM2.00 ☐ Quinoa +RM2.00

☐ Japanese Turmeric Rice ☐ Kale +RM2.00

☐ Romaine Lettuce ☐ Mixed Salad Leaves +RM2.00

▼ CHOOSE PROTEIN • additional add on +RM 9.90

☐ Mixed Herb Chicken Breast ☐ Pesto Chicken Breast ☐ Torched Salmon +RM3.00

☐ Fried Lemongrass Chicken Thigh ☐ Nyonya Laksa Chicken Breast ☐ Australian Beef Sliced +RM3.00

☐ Teriyaki Chicken Thigh ☐ Mushroom Asada ☐ Grilled Shrimp +RM1.00

▼ CHOOSE MAIN • additional add on +RM 3.00

☐ Black Olive ☐ Japanese Cucumber ☐ Roasted Cauliflower with Turmeric

☐ Carrot ☐ Mango ☐ Roasted Pumpkin

☐ Cherry Tomatoes ☐ Pickled Beetroot ☐ Roasted Sweet Potatoes

☐ Chickpeas ☐ Pineapple ☐ Steamed Broccoli

☐ Croutons ☐ Raisins ☐ Sweet Corn

☐ Edamame ☐ Red Cabbage ☐ Tempeh Chips

▼ CHOOSE SUPPLEMENTARY • additional add on +RM 3.50

☐ Almond Flakes ☐ Quinoa ☐ Grilled Pesto Tofu +RM3.40

☐ Caramelized Cashew Nuts ☐ Roasted Seasonal Veggies ☐ Half Avocado +RM5.50

☐ Fried Tofu ☐ Takuan Pickled Radish ☐ Sauted Mushroom +RM1.50

☐ Hard Boiled Egg ☐ Tempeh ☐ Teriyaki Grilled Tofu +RM2.40

☐ Parmesan Cheese ☐ Tobiko Fish Roe

☐ Poached Egg ☐ Tofu

▼ CHOOSE DRESSINGS • additional add on +RM 2.50

▶ PLANT-BASED

☐  Maple Balsamic Vinaigrette ☐  Teriyaki Sauce ☐  Soy Sesame +RM0.50

☐  Olive Oil

▶ OTHERS

☐  Green Goddess ☐  Sweet Plum ☐  Caesar +RM1.00

☐  Keto Sambal ☐  Teriyaki Mayo ☐  Roasted Sesame +RM1.00

☐  Pesto Dressing ☐  Thai Spicy

▼ PAIR WITH DRINKS



NEW

☐ ICED STRAWBERRY
FRUIT TEA
+RM 7.90



NEW

☐ ICED PINEAPPLE
FRUIT TEA
+RM 7.90



NEW

☐ ICED PASSION
FRUIT TEA
+RM 7.90



NEW

☐ ICED MANGO
FRUIT TEA
+RM 7.90



NEW

☐ MATCHA
H2O
+RM 9.90



NEW

☐ COLD-BREW
COFFEE
+RM 9.90