



CATERING MENU 2026

THANK YOU FOR YOUR INTEREST IN OUR SERVICES. OUR MENU RANGES FROM INDIVIDUAL BOXED LUNCHES, FAMILY STYLE BUFFETS, APPETIZERS AND DESSERTS. * DELIVERY AVAILABLE WITH 48 HOUR NOTICE * AVAILABILITY SUBJECT TO OUR CURRENT BOOKINGS

Menu Categories

* Appetizers * Sliders * Empanadas * Wraps * Family Style Entrées * Family Style Sides * Family Style Salads * Individual Boxed Meals * Drinks * Catering Supplies

* See our Easy to Order Catering Package for More Options *

EMAIL US AT CATERING@FRESHFOODGENERATION.COM OR CONTACT US AT (857) 331-9494

APPETIZER PLATTERS

Cheese Platter

\$80, \$130

This platter comes with two trays. First Platter: Assortment of Cheeses and Fruit. Second Platter: French Baguette Bread and Mini Strawberry Preserves. Small platter serves 10 - 12, Large platter serves 20 - 22.

* Contains Gluten & Dairy



Jerk Chicken Skewers GF

\$130

Jerk chicken, roasted pineapple, onions and peppers. 20 skewers.



Charcuterie Skewers GF

\$130

Olives, Mozzarella Balls, Salami, Cheddar, Pepperoni, Bread

Roasted Vegetable Platter V GF

\$65, \$130

Lightly roasted seasonal vegetables. Small platter serves 10 - 12, Large platter serves 20 - 22.



Dessert Platter

\$130

Platter includes 15 large brownies baked in house with extra chocolate chips, 15 single vegan chocolate chip cookies individually wrapped, and fruit. Serves 20 -25.

* Contains Gluten & Dairy.



Assorted Fruit V GF

\$65, \$130

Platter

This assorted fruit platter includes pineapple, cantelope, melon, grapes and berries. Small Platter (10-12 Servings), Large Platter (20-22 Servings)

SLIDERS

V GF DENOTES VEGAN (NO DAIRY, MEAT OR HONEY), GF DENOTES GLUTEN FREE, DENOTES

SPICY

* 1 *

Jerk Chicken Sliders \$120

Pulled jerk chicken topped with North African harissa sauce and fried sweet plantain on a toasted mini bun. 20 Sliders.

* Contains Gluten. Spicy.

Buttermilk Fried Chicken Sliders \$120

Fried buttermilk chicken with house-made chipotle mayo and pickles on a toasted mini bun. 20 Sliders.

* Contains Gluten & Dairy.

Jerk Jackfruit Sliders \$120

Pulled jerk jackfruit with onions, peppers. Topped with North African harissa sauce and fried sweet plantain on a toasted mini bun. 20 Sliders.

* Contains Gluten. VEGAN



Grass-fed Burger Sliders \$120

Grass fed burger with house sauce on a toasted mini bun. 20 Sliders.

* Contains Gluten.

EMPANADAS

Mini Curry Chicken \$100

Empanadas

Made with ground chicken, onions, peppers, and curry sauce. 20 Handmade empanadas. 3 inches in size.

* Dough contains Gluten & Dairy.

Mini Cuban Beef \$100

Empanadas

Made with grass-fed ground beef, green olives, peppers, onions, and tomatoes. 20 handmade empanadas. 3 inches in size.

* Dough Contains Gluten & Dairy.

Mini Sweet Potato, \$100

Spinach and Goat Cheese

Empanadas

20 handmade empanadas 3 Inches in size. Made with roasted sweet potatoes, sautéed spinach, and goat cheese. 3 inches in size.

* Dough Contains Gluten & Dairy.



Catering Package: Empanada Party

\$350

Includes all of our Empanadas. Cuban Beef Empanadas (20 Total), Sweet Potato & Goat Cheese (20 Total), Curried Chicken Empanadas (20 Total). Includes: One Classic Garden Salad, One Pint of Salsa, One Pint of Pesto Aioli, One Pint of Salsa. Dough is handmade and 3 inches.

* Serves 20 People. 3 Empanadas per person.

WRAP PLATTERS

Honey Squash Kale Grilled Chicken \$65, \$130

Honey Squash Kale salad with cinnamon-roasted butternut squash, quinoa, red onion, and honey mustard dressing. Served with grilled chicken breast. Small platter serves 10 - 12, Large platter serves 20 - 22.

* Contains Gluten. Tortilla Contains Soy.

Sweet Potato & Goat Cheese \$65, \$130

Sweet potatoes, goat cheese, baby greens, and house balsamic vinaigrette. Small platter serves 10 - 12, Large platter serves 20 - 22.

* Contains Gluten & Dairy. Tortilla contains soy.

Jerk Chicken Wrap Platter \$65, \$130

Jerk chicken, flame-grilled pineapple and red peppers, mixed greens and North African harissa sauce. The small platter serves 10 - 12, Large platter serves 20 - 22.

* Contains Gluten. Tortilla contains soy.

Grilled Chicken Kale Caesar Wrap \$65, \$130

Grilled Chicken combined with FFG's Kale Caesar Salad in a wrap. Salad includes kale, delicata squash, parmesan cheese flakes and breadcrumbs.

* Contains Gluten. Tortilla Contains Soy.

Assorted Wrap Platter \$130

Choose 2 of any wraps for a total of 12 wraps. These wraps will be on served one large platter.

* Contains Gluten, Contains Dairy. Tortilla contains soy.

Let's Meet & Talk - Wrap Package \$210

This package comes with three small wrap platters and one large tray of tortilla chips and a pint of pineapple mango salsa. A total of 18 wraps cut into thirds is included in the package.

* Serves 18 people. Contains Gluten, Contains Dairy. Tortilla contains soy.

FAMILY STYLE ENTRÉES

ENTRÉES ARE SERVED IN HALF SIZE CATERING TRAYS AND ARE DESIGNED TO SERVE 10 TO 12 PEOPLE.



Curried Lamb Meatballs GF \$90

Spiced Ground Lamb made with onions, garlic, and spices. Served with pesto aioli on the side.



Chimichurri Steak GF \$90

Flank Steak seared with bold, savory flavors served with a vibrant Argentinian chimichurri sauce. Chimichurri sauce is served on the side.

Jerk Chicken (Boneless, Skinless) GF \$60

Buffet Tray

Boneless, Skinless Chicken marinated in our house-made Jerk Sauce and baked to perfection. Chicken is sourced from small family farms. Antibiotic and hormone-free. Choice of boneless, skinless, or bone-in, skin-on. Includes a side of North African harissa sauce.

Jerk Chicken (Bone In, Skin On) GF \$70

Buffet Tray

Bone In, Skin on, Chicken Thighs marinated in our house-made Jerk Sauce and baked to perfection. Chicken is sourced from small family farms. Antibiotic and hormone-free. Choice of boneless, skinless, or bone-in, skin-on. Includes a side of North African harissa sauce.

Herbed Chipotle Chicken GF \$60

Boneless skinless thighs marinated in our housemade chipotle sauce. Our chipotle is made with fresh garlic, oregano, onions, dried peppers and bold spices. The dish is non-spicy. Chicken is sourced from small family farms. Antibiotic and hormone free.

Red's Best Salmon Buffet Tray GF \$100

Grilled Atlantic Salmon rubbed with fresh garlic, lemon, parsley sauce. The salmon is sourced from Red's Best Headquarters in Boston's Seaport District. 10 fillets of fish.

The Red Bean Plate **V GF** \$55

This sweet and savory dish includes red kidney beans, onions, peppers, sweet potatoes, curry and coconut milk. Vegan and loved by omnivores.



EXPLORE OTHER EASY-TO-ORDER CATERING PACKAGES

For a list of Family Style Packages, please see our Easy-to-Order Catering Packages Menu which is provided separately on our website.

Breaded N' Fried Jerk Tofu **V** \$55

Breaded and Fried tofu coated with our house jerk sauce and fried to perfection. A restaurant favorite and both vegans and omnivores love it.

* Contains Gluten & Soy.

FAMILY STYLE SIDES

SIDES ARE SERVED IN HALF SIZE CATERING TRAYS AND ARE DESIGNED TO SERVE 10 TO 12 PEOPLE.



Wild Rice **V GF** \$45

This ancient grain offers a unique texture and flavor profile, and pairs perfectly with our current offerings.

Sautéed Collard Greens **V GF** \$45

Lightly sautéed collard greens well-seasoned with a hint of garlic. Leaves you feeling light and nourished.

Sweet Plantains **V GF** \$45

Sweet Fried Plantains. Lightly seasoned with salt. Vegan.

Coconut Rice **V GF** \$40

Jasmine rice with coconut milk and toasted coconut flakes. Has a slight coconut flavor.

Baked Crispy Mac & Cheese \$55

A tribute to our New England dairy farmers. Made with Vermont cheddar and parmesan and baked into a bread-crust macaroni dish.

* Contains Gluten & Dairy.

Rasta Pasta **V** \$55

Penne pasta with house coconut-pesto sauce, roasted bell peppers, zucchini and tomatoes.

* Contains Gluten.

SALADS

SALADS ARE SERVED IN HALF-SIZE CATERING TRAYS AND ARE DESIGNED TO SERVE 10 TO 12 PEOPLE.



Kale Ceaser Salad \$45

A modern twist on a classic favorite made with crisp kale, seasonal squash, parmesan cheese, and our homemade Caesar dressing served on the side.

Garden Salad **V GF** \$45

Mixed greens with red onion, carrots, tomatoes and cucumbers. Housemade balsamic vinaigrette on the side.

Honey Squash Kale Salad **Gf** \$45

Our signature kale salad with cinnamon-roasted butternut squash, quinoa, red onion, and honey mustard dressing. Dairy Free, Vegetarian, Contains Honey.

* Dairy Free, Contains Honey.



INDIVIDUAL HOT MEALS



Chimichurri Steak **Gf** \$18.50

Boxed Meal

This individual boxed meal features coconut rice, plantains, and a choice of one side. Flank steak seared with bold savory flavors served with a vibrant Argentinian chimichurri sauce on the side.

* Contains Coconut.



Curried Lamb **Gf** \$18.00

Meatballs Boxed Meal

This individual boxed meal features coconut rice, plantains, and a choice of one side. Spiced ground lamb made with onions, garlic, and spices, grilled and served with pesto aioli on the side.

* Contains Coconut.

Salmon Boxed Meal **Gf** \$18.00

This individual boxed meal features coconut rice, plantains, and a choice of one side. Grilled Atlantic Salmon rubbed with fresh garlic, lemon, and parsley. The salmon is sourced from Red's Best Headquarters in Boston's Seaport District.

* Contains Coconut

The Red Bean Boxed Meal **V GF** \$16.00

This individual boxed lunch includes red bean stew, coconut rice, plantains and choice of one side. This menu item is vegan. Red kidney beans, sautéed onions and peppers, roasted sweet potato, and house curry mix simmered in coconut milk.

* Contains Coconut.

Jerk Chicken Boxed Meal **Gf** \$16.00

This individual boxed meal features our boneless, skinless jerk chicken served over coconut rice, plantains, and a choice of one side. Traditional Jamaican jerk marinade made in-house with local habanero and scallions.

* Contains Coconut.

Herbed Chipotle Chicken Boxed **Gf** \$16.00

Meal

This individual boxed meal features our herbed chipotle chicken served over coconut rice, plantains, and a choice of one side. Our Chipotle is made in-house with fresh garlic, oregano, onions, dried peppers, and bold spices. This is a non-spicy menu item.

* Contains Coconut.

Jerk Breaded and Fried Tofu Boxed **V** \$16.00

Meal

This individual boxed meal features coconut rice, plantains, and a choice of one side. This is a popular dish at the restaurant and loved by both vegans and omnivores. Includes a blend of traditional spices, local habanero peppers, and scallions.

* Spicy. Contains Gluten & Soy.

INDIVIDUAL WRAPS & SALADS

Honey Kale Squash Wrap with GF \$15.50

Grilled Chicken & Tortilla Chips

Grilled chicken, honey squash kale salad with cinnamon-roasted butternut squash, quinoa, red onion, and honey mustard dressing. Includes tortilla chips and pineapple-mango salsa.

* Tortilla Contains Gluten & Soy.

Jerk Wrap Boxed Meal & Tortilla Chips \$15.50

Jerk chicken, grilled pineapple and red pepper, mixed greens, and a harissa sauce. Includes tortilla chips and pineapple-mango salsa.

* Tortilla Contains Gluten & Soy.

Delicata Squash & Arugula Individual Salad \$16.00

Arugula with roasted delicata squash, goat cheese, roasted farro, candied pecans, and white balsamic & roasted shallot vinaigrette.

* Contains Gluten & Dairy & Nuts.

Sweet Potato, Goat Cheese Wrap \$15.50

Boxed Meal & Tortilla Chips

Sweet potatoes, goat cheese, baby greens, and balsamic vinaigrette. Vegetarian. Includes tortilla chips and pineapple-mango salsa.

* Tortilla Contains Gluten & Soy. Contains Dairy.

Honey Kale Squash Individual GF \$14.00

Salad Salad

Our signature kale salad with cinnamon-roasted butternut squash, quinoa, red onion, and honey mustard dressing. Add Grilled Chicken for an additional \$2.00.

Individual Garden Salad GF V \$14.00

Mixed greens with red onion, carrots, tomatoes, and cucumbers. Housemade balsamic vinaigrette on the side. Vegan. Add grilled chicken breast for \$2.00.

DESSERTS & SNACKS & DRINKS

Natalie's Orchid Lemonade \$3.50

Made with the highest quality American lemons, Natalie's Lemonade is wholesome and 100% natural.

Bottled Water \$2.50

Poland Spring Water (12 ounces)

Assorted Spindrift V GF \$3.00

Sparkling water made with real fruit. 12 ounce can. Assorted flavors.

Maine Root Ginger Beer V GF \$3.50

Carbonated pure water, Fair trade certified organic cane sugar, ginger, spices.

CATERING ESSENTIALS

Compostable Plate & Cutlery Set \$.50

One compostable plate & Individually wrapped cutlery set which includes a fork, knife and napkin.

Individually Packaged Cutlery Set \$.25

Compostable Cutlery Set

Serving Utensils

\$0.90

Food Labels with Ingredients
Tent Cards and Stickers with Food Labels and
Ingredients

FREE