

BREAKFAST

MAINS

EGGS YOUR WAY

Choose between Poached, Scrambled or Fried, served on toasted sourdough with tomato relish \$15.9

PANCAKES

Stack of two with vanilla bean ice cream, seasonal berries, maple syrup & fairy floss \$19.9

CANADIAN PANCAKES W/BACON & FRIED EGGS +3

EGGS BENEDICT (GFO +\$2) \$20.9

Two poached eggs on sourdough toast with spinach, topped with creamy hollandaise & smoked paprika
– with ham or bacon \$ 26.9
– with smoked salmon \$ 27.9

AVOCADO ON SOURDOUGH (GFO +\$2)

With spiced pepitas, goats curd, everything seasoning, beetroot hummus, blistered tomatoes & pomegranate molasses \$20.9

ADD POACHED EGG + 3

SMOKED SALMON BAGEL

Open bagel layered with dill cream cheese, avocado, tomatoes, red onion & capers \$20.9

HOUSE MADE SAVOURY MINCE

Sourdough toasted, poached eggs & blistered tomatoes \$22.9

TURKISH EGGS

Poached eggs w/ herbed greek yoghurt, paprika butter, blistered tomatoes served with toasted sourdough \$21.9

CHILLI SCRAMBLED EGGS ADD CRAB MEAT+6

Sourdough toast, chilli scrambled eggs, fried shallots, chilli jam, sriracha mayo & parmesan \$23.9

KETO (DF & GF) ADD SOURDOUGH TOAST + 3

Bacon, poached eggs, sliced avocado, roasted mushrooms & tomato relish \$22.9

PULLED BEEF EGGS BENE

Slow-cooked beef & poached eggs on an English muffin w/spinach, hashbrown, dried shallots, parmesan cheese & smokey hollandaise \$27.9

MEGA BREAKFAST

Bacon, 2 poached eggs, chipolatas, hashbrown, baked beans, grilled tomato, roasted capsicum tapenade w/ sourdough toast \$29.9

10% weekend surcharge applies
17.5% public holiday surcharge applies
1.5% surcharge applies to all credit card transactions

SPECIALS

RUSTIC GARDEN OMELETTE

Roasted capsicum, cherry tomatoes, mushrooms, spinach & onions. Topped with bean sprouts & crispy sweet potatoes with a chilli jam & herbed oil \$22.9

HONEY GLAZED CHILLI CHICKEN WAFFLE

Crunchy chilli honey chicken, Japanese coleslaw, fried egg, topped with crispy sweet potato and maple syrup. \$23.9

SOUP OF THE DAY

Ask our friendly staff about this weeks flavour, served with sourdough \$13.9

VEGAN PORRIDGE BOWL

Rhubarb compote, crumble, walnuts, goji berries and fresh fruit \$15.9

ALL DAY

ACAI BOWL ADD - NUTELLA, PEANUT BUTTER OR HAZELNUT CREAM +3

Acai topped with banana, strawberries, blueberries, shredded coconut & house-made granola \$16.90

HOUSE-MADE GRANOLA

W/ greek yoghurt, fresh berries, blueberry compote & passionfruit curd \$15.9

BANANA BREAD

House-made, served toasted with butter

\$7.9 MAKE IT LOADED W/ESPRESSO BUTTER, BERRY COMPOTTE & FRESH BERRIES +7

TOAST (GFO +\$2)

Two slices - Sourdough or Rye

Served w/butter, jam/peanut butter/vegemite/honey \$8.5

HAM & CHEESE CROISSANT ADD TOMATOES +2

Shaved leg ham & cheddar \$12.9

FA BREAKKY BURGER ADD A HASH BROWN +3

Smoked bacon, fried egg, cheese, tomato relish, toasted bun \$17.9

LOADED HASH BROWNS

Loaded with house-made avocado smash, concise tomato, sriracha & goats cheese
lrg - \$12.9
sml - \$7.9

GOLDEN ROSTIE STACK

Potato rostie, rocket, poached egg, relish, shredded parmesan, smashed avo and haloumi \$17.9

poached egg | sourdough | hash brown | baked beans +3
gf bread | halloumi | leg ham | avo | mushrooms | chipolatas +4
bacon (3) | fries | +5 | chicken | smoked salmon +6

COFFEE

HOT

espresso
piccolo
short/long mac
cappuccino
latte
flat white
mocha
hot choccy
chai latte
dirty chai
batch brew

CUP
\$5.40

MUG
\$6.20

ICED

iced long black \$5.9
iced latte \$6.9
iced coffee \$7.9
iced chocolate \$6.9
iced chai/dirty chai \$6.9/\$7.9
frappe: coffee / mocha / choc \$8.3
cold brew \$6.9
protein iced latte \$8.9
iced matcha \$7.5

pot \$6.5

TEA

english breakfast, earl grey, jasmine, peppermint,
honeydew, lemongrass & ginger, sticky chai

SMOOTHIES

BANANA RAMA

Cavendish Bananas, Vanilla Yoghurt & Australian Honey

MIXED BERRY

mixed berries, banana, greek yoghurt

TROPICAL

mango, pineapple, passionfruit

SUNRISE

Strawberries, Pineapple, Mango & Kiwi Fruit

ACAI ADDICTION

100% Certified Organic Acai

GREEN MACHINE

Spinach, apple, pineapple, kiwi

all
smoothies
\$10.5

+3.9
add a protein scoop

SHAKES

VANILLA
CHOCOLATE
CARAMEL
STRAWBERRY

all
milkshakes
\$8.9

make it THICK
+3.3

SOFT DRINKS

FRESH OJ

freshly made in house

\$6.9/\$7.9

FIZZY DRINKS

coke/coke no sugar/fanta/sprite/lemon lime bitters/
stones ginger beer/somersault soda/ginger ale/soda water/tonic
water

\$5.9

NOAH'S JUICES

ask your server for the flavours

\$5.9

ROKEBY PROTEIN SMOOTHIES

ask your server for the flavours

\$6.9

LUNCH WITH FA

SPECIALS

- POKE BOWL** ADD CHICKEN, SALMON OR HALLOUMI +6

Quinoa & brown rice, served w/ edamame, seaweed, corn, smashed avo, pickled ginger, cucumber & a wasabi mayo \$19.9

HONEY GLAZED CHILLI CHICKEN WAFFLE

Crunchy chilli honey chicken, Japanese coleslaw, fried egg, topped with crispy sweet potato and maple syrup \$23.9

RUSTIC GARDEN OMELETTE

Roasted capsicum, cherry tomatoes, mushrooms, spinach & onions. Topped with bean sprouts & crispy sweet potatoes with a chilli jam & herbed oil \$22.9

MAINS

- SPANAKOPITA**

Housemade spinach and feta pie, served with a greek salad and tzatziki \$20.9

BEEF BURGER + FRIES

Angus beef patty, crispy bacon, caramelised onions, cos lettuce, gherkins & cheesy sauce \$21.9

PULLED LAMB SHOULDER

House baked pita, tzatziki, onion, cucumber, green oak lettuce, tomatoes & a side of fries \$21.9

STEAK SANDWICH + FRIES (GFO +\$2)

Eye fillet, cheddar cheese, tomato, caramelised onion, lettuce & smokey bbq sauce \$22.9

FISH TACOS

3 soft tortillas with slaw, corn salsa & sriracha mayo \$19.9

VEGAN SALAD OF THE DAY

Add your choice of protein, chicken / smoked salmon +6 \$19.9

BEEF LASAGNE

Traditional beef lasagne, napoli sauce, shaved parmesan, served with a side salad with a balsamic glaze \$22.9

CHILLI SCRAMBLED EGGS ADD CRAB MEAT+6

Sourdough toast, chilli scrambled eggs, fried shallots, chilli jam, sriracha mayo & parmesan \$23.9

PULLED BEEF EGGS BENE

Slow-cooked beef & poached eggs on an English muffin w/spinach, hashbrown, dried shallots, parmesan cheese & smokey hollandaise \$27.9

TO SHARE

- SMASHED CHEESEBURGER LOADED FRIES**

With caramelised onion, jalapeños, cheesy sauce & sour cream \$20.9

BOWL OF FRIES

Choose rosemary salted or parmesan cheese \$10.9

ARANCINI BALLS

Porcini mushroom, aioli, beetroot hommus, rocket, parmesan cheese \$14.9

CHILLI BEEF NACHOS

Guacamole, red beans, crispy tortillas, sour cream & melted cheese \$21.9

ALL DAY FANCY A LITTLE SWEET TREAT?
Ask a staff member about our cake cabinet!

HAM & CHEESE TOASTIE (GFO +\$2)

Shaved leg ham and vintage cheddar ADD TOMATOES +2 \$13.9

GREEN GODDESS (DFO/GFO +\$2)

Chicken, aioli, oak lettuce on turkish bread \$15.9

BLT TOASTIE (GFO +\$2)

Smoked hickory bacon, tomato, lettuce, aioli, relish on turkish \$15.9

REUBEN SANDO ON RYE

Beef silverside, sauerkraut, dill pickle, swiss cheese & Russian dressing \$16.9

SMOKED SALMON BAGEL

Open bagel layered with dill cream cheese, avocado, tomatoes, onions & capers \$20.9

CRUNCHY CHICKEN CAESAR WRAP

Crispy chicken breast, crispy bacon, fresh cos lettuce, shaved parmesan & house-made caesar dressing \$17.9

TRUFFLE MUSHROOM SANDO

Toasted sourdough packed with/roasted field mushrooms, swiss cheese, shaved parmesan, pesto, spinach & chives \$15.9

CHEESEY BOMB TOASTIE

Swiss cheese, shredded tasty cheese, american cheese, topped with parmesan, toasted on sourdough \$15.9

KIMCHI TUNA MELT

Special tuna mix, Kimchi, american cheese, chipotle mayo toasted on sourdough \$16.9

poached egg | sourdough | hash brown | baked beans +3
gf bread | halloumi | leg ham | avo | mushrooms | chipolatas +4
bacon (3) | fries | +5 | chicken | smoked salmon +6

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HOT

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piccolo
short/long mac
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frappe: coffee / mocha / choc \$8.3
cold brew \$6.9
protein iced latte \$8.9
iced matcha \$7.5

TEA

- english breakfast, earl grey, jasmine, peppermint, honeydew, lemongrass & ginger, sticky chai pot \$6.5

SMOOTHIES

- BANANA RAMA**

Cavendish Bananas, Vanilla Yoghurt & Australian Honey all smoothies \$10.50

MIXED BERRY

mixed berries, banana, greek yoghurt

TROPICAL

mango, pinapple, passionfruit

SUNRISE

Strawberries, Pineapple, Mango & Kiwi Fruit +3.9

ACAI ADDICTION

100% Certified Organic Acai

GREEN MACHINE

Spinach, apple, pineapple, kiwi add a protein scoop

SHAKES

- VANILLA CHOCOLATE CARAMEL STRAWBERRY**

all milkshakes \$8.9

make it THICK +3.3

SOFT DRINKS

- FRESH OJ**

freshly made in house \$6.9/\$7.9

FIZZY DRINKS

coke/coke no sugar/fanta/sprite/lemon lime bitters/ stones ginger beer/somersault soda/ginger ale/soda water/ tonic water \$5.9

NOAH'S JUICES

ask your server for the flavours \$5.9

ROKEBY PROTEIN SMOOTHIES

ask your server for the flavours \$6.9